



Venturing Out

Outdoor Activities to Stimulate Learning & Development

DofE Navigation Training Course (Adults) – 26th February – Pentland Hills

This course is specific to The Duke of Edinburgh's Award and is offered to group supervisors, leaders and helpers.

Venturing Out is offering you a chance to spend a day learning navigation skills whilst networking with other likeminded people. We will be predominantly working on basic map and compass skills and discussing requirements of the expedition module. The aim of the day is to give you a deeper understanding of the training and expedition requirements whilst learning many of the skills your award group are required to learn.

It is hoped that by learning these practical skills you will be more informed to give advice and help your award group in the planning and preparation of their expedition module.

Another invaluable element of the day will be the chance to network with other like-minded people. We will be able to look at best practice, discuss aims, whilst in a wild environment and discuss possibilities of sharing resources with other groups.

This course will not accredit you to lead groups, but it may inspire you to continue with further training to do so in future.

<p>What will I learn?</p> <ul style="list-style-type: none">• Understanding Ordnance Survey and Trail maps• Orientation• Map to ground• Measuring distance• Basic compass work• Weather influences• Equipment & Clothing• Access & Conservation• Route planning, preparation & safety procedures	<p>What do I need to bring?</p> <ul style="list-style-type: none">• Daypack• Waterproofs• Walking Boots• Spare top• Food & Drink• Walking poles if you require them <p>We can supply some of these items on request</p>
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What Time and Where: 10am till approx. 5pm / Pentland Hills. (Circular route from Flotterstone).

Cost: Discounted to **£25 per person** (normal price £45)

Numbers: Minimum of 4 and Maximum of 8 participants

Course Prerequisites:

This course is suitable for those new to Navigation, map reading or even hill walking, also those whose skills are a little rusty. You must be currently working with a DofE group and be a group supervisors, leader or helper.

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