

Corporate & Private Groups
Brochure 2011/2012



Venturing Out

Have an Adventure ...



Looking for an adventurous activity for your group?

Whether you require an exhilarating team building experience, an incentive reward or simply a fun activity session with friends, we have activities for all abilities and occasions.





Gorge Scramble

Come and join us in a world of rocks, rushing water and adventure. An exhilarating wet experience scrambling up a series of waterfalls and culminating with the roped ascent of a 30ft wall of water.

Following the twisting path of the the river we make our way upstream, through narrow passages and pools. A series of small waterfalls allow us to find our feet before the gushing water shoot and the finale ascent.

This activity requires a moderate amount of physical effort!

Activity length: 3hrs
Cost £40/person (minimum of 4)
Max Ratio per instructor: 8



Raft Build

A great accompaniment to a team building day or as a standalone activity. The group must work together to design & construct a raft, paddle it around a set course and then return to dismantle it.

Raft building gets groups thinking & working together and helps develop cohesion whilst having great fun.

This activity can be structured to incorporate various elements such as design, presentation, construction and sales & marketing.

Activity Length: 3hrs (includes other team games)
Cost £35/person (minimum of 6)
Max ratio per instructor: 10



Canoeing

Canoeing is a great introduction to paddlesport, the boats are stable and spacious and having two people in each craft makes this a very sociable paddling experience. A canoe session can be tailored to suit a variety of outcomes and allow us to develop team related aims and objectives. This can be achieved on a flat water lake or as part of a journey along the canal.

During each session we focus on specific skills and teamwork as well as playing fun interactive games.

Activity length: 1/2 or Full day options

Cost £45/person 1/2 day or £60/person Full day (minimum of 4)

Max Ratio per instructor: 8



Indoor Rock Climbing

Experience the thrill of indoor rock climbing. Enjoy an Introductory climbing experience at Edinburgh's world renowned climbing centre EICA Ratho, the world's biggest indoor climbing arena.

You will be guided through the fundamental principles of both climbing & belaying (controlling the ropes) and given a chance to push yourself to your limits.

Activity length: 3hrs

Cost £40/person (minimum of 4)

Includes entry fee

Max Ratio per instructor: 6



Tyrolean Traverse

This is a great team activity requiring problem solving and planning. The task is to construct a roped traverse, from a brief, across a gorge using ropes, pulleys and slings.

Next you must transport each group member to the opposite side of the gorge. Dangling over the gorge on your self-constructed tyrolean requires bravery and trust in your team.

A fantastic team building exercise that fits many outcomes & objectives.

Activity length: 3hrs
Cost £35/person (minimum of 6)
Max Ratio per instructor: 10



Bush Craft

Bush Craft is all about learning to live with nature, using what's around us and respecting our environment. We follow a leave no trace policy at all times.

Bush craft activities can include, shelter building, fire lighting, camp craft skills, wood crafting and cook outs.

These sessions are great fun, are adaptable for all ages and can be arranged to meet a wide variety of objectives.

Activity length: 4hrs
Cost £35/person (minimum of 4)
Max Ratio per instructor: 12



Trail Cycling

Enjoy the vast network of tracks and trails that the Lothian's have to offer. From forests to hills and coastal routes, there's something for everyone.

With a range of easy to moderate terrain we are able to tailor the ride to suit your requirements.

As part of the activity you will be coached through the fundamental elements of off-road cycling.

Activity length: 4hrs

Cost £40/person (minimum of 4)

Includes bike hire

Max Ratio per instructor: 8



Mountain Biking

For those who have some off-road cycling experience we offer an introduction to Mountain Biking.

As part of the activity you will be coached through the fundamental elements of Mountain Biking, making the transition from tracks and trails to more technical terrain requiring a higher degree of skill and physicality.

We are lucky to have Glentress, a purpose built mountain biking centre, which holds great acclaim, only a short distance away. Another option is the Pentland Hills which offer an ideal setting for introductory mountain biking.

Activity length: 1/2 or Full day options

Cost £50/person 1/2 day or £65/person Full day (minimum of 4)

Includes bike hire

Max Ratio per instructor: 6

Further Information:

Staffing

Where a group exceeds the ratio of staff to participants, a second member of staff will be required. If the additional participants do not total the minimum number required for an additional instructor a surcharge of £60 total will be incurred.

Transport

Venturing Out is able to arrange transport on request at additional cost.

Venues

All venues are within the Lothian's region.

For further Information including booking terms & conditions please visit our website.



Venturing Out



Adventurous Activities Licence No R1855

20% Discount when booking 2 half day activities for the same day

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